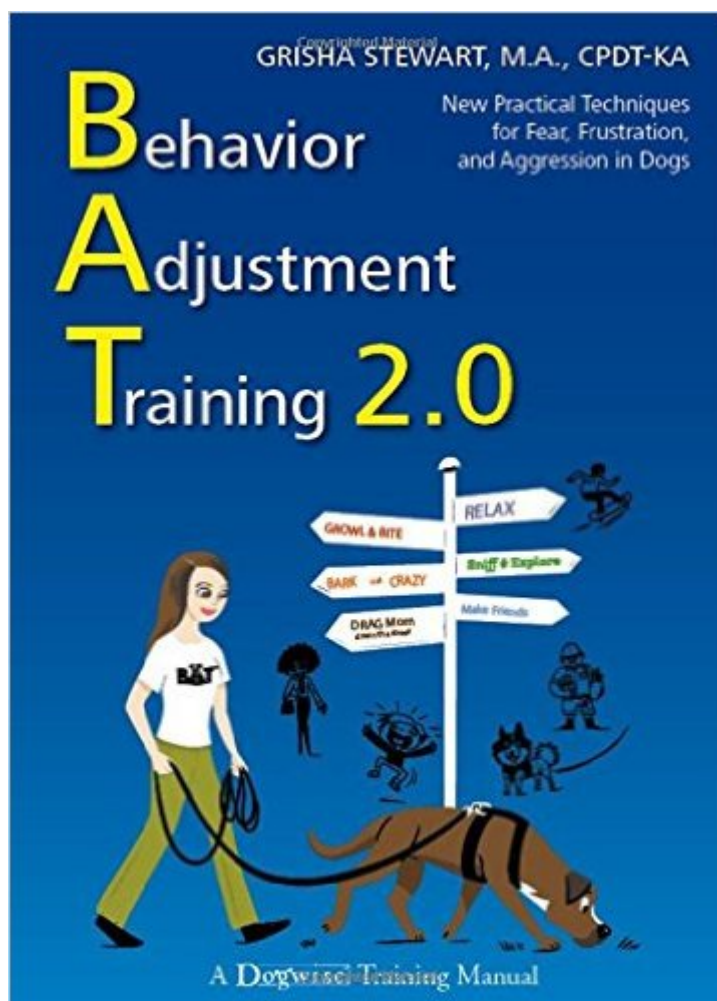


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# Behavior Adjustment Training 2.0: New Practical Techniques For Fear, Frustration, And Aggression In Dogs



## Synopsis

In BAT 2.0, the focus is to empower the dog to approach his trigger on his own with his caretaker playing a more supportive role, intervening only when necessary to keep the dog working below his threshold level. The new techniques are less stressful for the student dog, help promote good choices on the part of the dog, and focuses on BAT set-ups which arrange a safe environment so that the desired behavior can occur and be reinforced naturally.

## Book Information

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## Customer Reviews

This is the best training manual for working with reactive dogs that I have found. There are other good ones with the same information, but Grisha Stewart has organized her program in an easy to follow manual. I have helped dogs in classes using her methods, and also helped a friend's dog with great success. I was delighted to see a new edition!  
Kathy Robbins

I have a lot of dog training books but now that my husband is doing training at our local dog rescue he was looking for other books to read. He saw this book on [Amazon](#) & thought this would fill in what was missing from my books & he said it was perfect. He is now working with all the dogs at the rescue & trying to help them become good canine companions so they will be more "adoptable". It's working! The book offers some very good techniques especially for rescues who come with lots of baggage.

Best dog training book ive found so far. Though i should mention that skips a few important thoughts, in that avoiding the triggers might not always be possible and that you must clearly inform your dog when you disapprove of their behavior. The book focuses more on assuming you can

follow the methodology to never get in a situation where your dog behaves unacceptably, but forgets to describe the proper response to how you should react to such situations. Other than that, great book, much more readable than the first edition. A bit dense, though maybe that's just because I'm reading two editions. Dense is good though, has some really good and detailed ideas. First edition lacked some details about all the strategies it alluded to, but this version details everything. Another item this book lacks is up close training details. Focuses mostly on reactivity at a distance, but lacks clear focus on up close reactivity issues. The intelligent reader can apply the concepts in the book to such, but it's not really described as detailed as it should. For example, she can try to generalize keeping the dog below the threshold up close, having both dogs wear muzzle, and describe tactics for working in up close situations like in which aggression is common for dogs that have guarding issues only very up close.

Grisha Stewart's first edition of BAT was excellent. This book presents the complete BAT program, with improvements she has made to the technique since the first book was published. There is LOTS of new information in this book. Even if you have the original, you should get this new updated version. The updated BAT 2.0 allows the dog more flexibility in whether or not he approaches whatever it is that he is fearful of. It also teaches the dog to use body language to signal his fear, rather than erupting into aggressive or other undesirable behavior. This is her Mark and Move procedure and it is more than worth the price of the book itself!

Table of Contents: 1 - Understanding BAT: Key Concepts 2 - BAT Dog Returns: Peanut's Lessons for Me 3 - Quick Fixes: Safety and Management Essentials 4 - How to See Trouble Before It Starts 5 - Leash Skills for Freedom and Safety 6 - BAT Set-ups for Reactivity 7 - Up Close and Tight Spaces: Mark and Move 8 - Troubleshooting BAT Set-Ups 9 - Surprise: Sudden Environmental Contrast 10 - BAT on Everyday Walks 11 - Love Thy Neighbor: Fence Fighting 12 - "Who Is It?" Teaching Your Dog to Enjoy Guests 13 - BAT for Puppy Socialization 14 - For Trainers and Behaviorists: Using BAT with Clients 15 - Conclusion Appendix 1: Clicker Training Foundations Appendix 2: Other Techniques that use Functional Reinforcers Appendix 3: For Trainers and Behaviorists Appendix 4: Trainers and Clients Share Their Experiences with BAT Glossary

Grisha Stewart, MA, CPDT-KA is a dog trainer and international seminar presenter who specializes in empowerment and dog reactivity. Her book Behavior Adjustment Training 2.0 is a great guide to reactive behavior in dogs. Within this book she shares how her personal experience with her own dog, Peanut, shaped her understanding of how dogs see their world. Grisha's perspectives

in this book gives tactical tools to help you as both the owner or as a trainer that is dealing with reactive behavior in dogs. Grisha gives you step by step guides to show you how to empower the dog to make choices that will help them acclimate to the world around them. I encourage you to really soak in every page of this book in order to discover all the enlightening gems on dog behavior. MA, CPDT-KA is a dog trainer and international seminar presenter who specializes in empowerment and dog reactivity

Terrific resource for anyone interested in animal behaviour and dog training. Highly recommended book!

Grisha has done it again!! With this easy to read and easy to understand BAT book. This book needs to be read by everyone who has a dog with fear and reactivity issues, the information will empower both owner and dog and lead to a better quality of life for both.

This insight manual takes positive dog training to the next level! Dogs actively choose their comfort level and, therefore, learn faster. It's an easy to understand book that I highly recommend for trainers and pet owners.

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